

## Editor's Letter

The university is one of the main sources of science and knowledge generation because in the classrooms and laboratories, which are physical and nowadays also virtual, researchers, teachers and future professionals get together in order to understand the world and find new ways to live better in a planet that is constantly evolving and changing at an unprecedented speed.

It is here where science is at the service of humanity. However, the efforts are not enough for disseminating the valuable contribution of academic and scientific communities, which are silently devoted to generating knowledge and discovering nature and its laws, as well as the principles that rule the society and the economy. These communities have the purpose of promoting the good in a global society, which is technologically and economically integrated, but in some cases it is also distant and isolated with huge social gaps.

Hence, Le Cordon Bleu University aims at publishing a magazine for the dissemination of science and knowledge, emphasizing on our field. The title of this magazine makes reference to the first publication ever recorded in humanity about "the art of good eating". **Hedypatheia** is inspired and named after Arcestratus' work, a writing that resulted from his curiosity and eagerness to learn about and promote through poetry those places in the Mediterranean that gained special recognition because of their culinary art in the 4th century BC.

**Hedypatheia** is a new contribution to the dissemination of the human thinking, the analysis of reality, the discovery and appreciation of traditions, customs, wonders of nature, and different cultures and societies through time.

**Hedypatheia** is also a window for the diffusion of new ways the current human being uses to intervene and solve problems that are worrisome, such as human security, food security, and water safety, among others included in the Sustainable Development Goals. These are challenges that future generations will have to overcome with the help of education, science and technology.

In this first edition we will learn a little bit more about an interactive teaching method applied by Professor Eric Mazur at Harvard University, we will take a look at food security from the common good perspective, and Professor Alejandro Narváez presents a valuable analysis on the relation between exclusion, poverty and hunger in Peru and Latin America.

In addition, we will read about singularities of Alto Purús National Park located in the middle of the Amazon rainforest of Peru, and we will travel to the Central Andes of South America to discover the traditions and customs of the Chopcca Nation of Huancavelica in Peru, a community that has kept its ancient practices alive by means of the Andean cosmovision that endures the test of time.

Welcome to **Hedypatheia**! We hope this magazine is to your liking and that from now on it constitutes a source of valuable information in sync with the times. We thank you in advance for sharing our first edition through your social networks.

Cordially,

**The Editors**